Create a grocery game plan Grocery list

| FRUITS |  |
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PROTEIN FOODS
(Meat, seafood, beans, nuts, eggs)

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| DAIRY |  |
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| (Milk, yogurt, cheese) |  |$|$


| VEGETABLES |  |
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| GRAINS <br> (Breads, tortillas, pasta, rice, cereal) |  |
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| OTHER |  |
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NOTES:

